

## Draft program - sessions and timing subject to change

Last updated: 28/08/25

## 2025 Conference Day 1: Monday Oct 27th

	<b>2025 Conte</b>	rence Day 1	L: Monday C	oct 27th		
Time	Track 1	Track 2	Track 3	Track 4		
8:00am- 9:30am	Registration					
9:00am (30 mins)	O1. Welcome to Country  Wurundjeri elder TBC  and Conference Opening  Michael Swadling and Eric Morris					
9:30am (45 mins)	Plenary session  O2. Presidential Address (Title to be announced)  Lauren Lawson					
10:15am	ACT Processes Workshop			Specific Populations Long workshop		
(1 hour 15 mins)	O3. Applying ACT to Yourself in Session  Phoebe Sanders, Deanna McCall, Katrina Hamall	O4. Using Functional Analysis with Repetitive and Compulsive Behaviours  Jennifer Kemp	O5. Research Paper Symposium  - Julia Packard (P) and Joseph Borellini  - Vincent Allen (P), Karolina Stasiak, Danielle Lottridge	O6. Essential learning for every therapist, not just for women of a certain age  Linda Nicholson, Liz Patton, Louise Hayes		
11:30am (20 mins)		Morning	g break			
11:50am	ACT Processes Workshop	Neurodiversity Long workshop	Specific Populations Long workshop	Specific Populations Long workshop		
(1 hour 15 mins)	07. From Activation to Integration: Applying Somatic Psychology to Deepen ACT Processes	04. Using Functional Analysis with Repetitive and Compulsive Behaviours	08. Using ACT with Complex Suicidal Behaviours: A Skills-Building Masterclass	06. Essential learning for every therapist, not just for women of a certain age		
	Kaitlin Harkess	Jennifer Kemp	Daniel Simsion, Lisa Soares	Linda Nicholson, Liz Patton, Louise Hayes		
1:05pm		Lunch	break			
(45 mins) 1:50pm	Young People Workshop	ACT Processes Long workshop	Specific Populations Long workshop	Supervision Workshop		
(1 hour 15 mins)	09. Keeping it Simple: Using the ACT KIDFLEX with Children and Adolescents.	10. Beyond Broken: Reconnecting Through Self-as-Context	O8. Using ACT with Complex Suicidal Behaviours: A Skills-Building Masterclass	11. ACTing Meta: Who Supervises the Supervisors? The Portland Model in Practice		
	Tamar Black	Katie Wyman, Leanne Shaw,	Daniel Simsion, Lisa Soares	<ul><li>2 Years of ACT Peer Supervision Reflections</li></ul>		
		Natasha Tisbury		Tim McLauchlan, Linda Nicholson, Jo Lane, Melissa Collie, Erin Potter		
				30 Earle, Well33a Conie, Eritti Ottei		
3:05pm		Afternoo	on brook			
(20 mins)		Atternot	on break			
3:25pm (1 hour	Parenting & Families Workshop 12. ACT-Based Foundations	ACT Processes Long workshop	13. From Burnout to Flourishing: Nurturing	Research & Theory Symposium		
15 mins)	for Working with Separated Families	10. Beyond Broken: Reconnecting Through Self-as-Context	Neurodivergent Professionals and Clients	14. Context Matters: IGNITE Presentations		
	Tiffany Rochester	Katie Wyman, Leanne Shaw, Natasha Tisbury	Jodie Wassner, Jennifer Kemp	- Alison Stapleton (P), Barbara Moore, Greg Stynes, Martin O'Connor and Louise McHugh		
		,		- Eric Morris - Sandi James		
				- Carrie Hayward - Jason Kozica (P) and Julian McNally - Julian McNally		
				- Genevieve Iverson - Daniel Simsion		
4:40pm	Plenary session Panel					
(75 mins)	15. We aren't getting any better. How can the CBS community contribute to improving the effectiveness of interventions?  Daniel Simsion, Eric Morris, Lauren Lawson, Louise Hayes,					
E.EE	Brett Deacon, Baljinder Sahdra, Emily Sandoz, Sarah Cassidy					
5:55pm 7:00pm	End of conference day  S2: Follies social event					
onwards	32.1 Oiles souls event					

Details TBC



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## 2025 Conference Day 2: Tuesday Oct 28th

	2025 Come	rence day 2	i iuesuay (	JCt Zotii		
Time	Track 1	Track 2	Track 3	Track 4		
8:30am- 9:00am	Registration (for one-day ticketholders)					
9:00am (45 mins)	Plenary session  16. Keynote address (Title to be announced)					
	Sarah Cassidy					
09:45am (1 hour 15 mins)	ACT Processes Long workshop  17. Clinical Exposure –	ACT Processes Long workshop  18. Self-as-Context Made Simple	Neurodiversity Workshop  19. Neurodiversity Affirming ACT:	Parenting & Families Workshop  20. Maintaining Professional Boundaries in		
	Bringing The Snake Into The Room (Guided By DNA-V And Clinical RFT)	Russ Harris	Adapting your ACT practice to better meet the needs of Autistic and ADHD clients	High-Conflict Separation Cases  Tiffany Rochester		
	Tim McLauchlan, Louise Hayes		Alyssa Garrett			
11:00am (20 mins)	:	Mornin	g break			
11:20am	ACT Processes Long workshop	ACT Processes Long workshop	Neurodiversity Workshop	Parenting & Families Long workshop		
(1 hour 15 mins)	17. Clinical Exposure – Bringing The Snake Into The Room	18. Self-as-Context Made Simple	21. Working with Neurodivergence and Dissociation	22. Parenting on many journeys: Using ACT to support the whole parent		
	(Guided By DNA-V And Clinical RFT)  Tim McLauchlan, Louise Hayes	Russ Harris	Sandi James	Georgina Cox, Jodie Wassner, Tamar Black, Sarah Cassidy		
12:35pm (45 mins)		Lunch	break			
1:20pm	RFT Long workshop	Neurodiversity Workshop	Neurodiversity Long workshop	Parenting & Families Long workshop		
(1 hour 15 mins)	23. RFT 101 - A primer on relational frame theory	24. When Guidelines Fail: Fundamental Problems with the AADPA Guideline for ADHD	25. From Fear to Freedom: Voice Hearing and Acceptance and Commitment Therapy	22. Parenting on many journeys: Using ACT to support the whole parent		
	Tim McLauchlan	Giselle Bahr	Eric Morris	Georgina Cox, Jodie Wassner, Tamar Black, Sarah Cassidy		
2:35pm	•	Afternoo	on break .			
(20 mins)						
2:55pm (1 hour 15 mins)	23. RFT 101 - A primer on relational frame theory	ACT Processes Workshop  26. Embracing the therapist's Noticer ability to create therapeutic contexts of safety, connection and flexibility	Neurodiversity Long workshop  25. From Fear to Freedom:  Voice Hearing and Acceptance and Commitment Therapy	Young People/Parenting & Families Panel  27. What I wish I could tell my younger self about using ACT with children/young people/families		
	Tim McLauchlan	Renae Martelli	Eric Morris	Jodie Wassner, Louise Hayes, Tiffany Rochester, Georgina Cox		
4:10pm (45 mins)	Plenary session	28 Keynote address (	Title to be announced)	Invited talk		
(43 Hills)	28. Keynote address (Title to be announced)  Emily Sandoz					
4:55pm (5 mins)	Conference close Eric Morris and Michael Swadling					
5:00pm	End of conference					