

2025 Preconference Workshops: Saturday Oct 25th & Sunday October 26th

(Preconference workshops require separate registration)

Day/Time	Cassidy Workshop - 080.02.003	Sandoz Workshop - 080.03.015
Saturday, 8:30am-9:00am	Registration 080.03 - Registration desk	
9:00am (2 hours)	Pre-conference workshop Language as Foundation: RFT as the Cement, Bricks and Mortar of Child & Adolescent Mental Health Interventions <i>Sarah Cassidy</i>	Pre-conference workshop Nurturing Roots to Reach New Heights: Revisiting Foundations of ACT as Clinical Behaviour Analysis for Mastering Flexible, Process-Based Implementation <i>Emily Sandoz</i>
11:00am (20 mins)	Morning break Catering in 080.03.006 (Saturday) / 080.03.005 (Sunday)	
11:20am (1 hour 40 mins)	Workshop continues	Workshop continues
1:00pm (45 mins)	Lunch break Catering in 080.03.006 (Saturday) / 080.03.005 (Sunday)	
1:45pm (1 hour 15 mins)	Workshop continues	Workshop continues
3:00pm (20 mins)	Afternoon break Catering in 080.03.006 (Saturday) / 080.03.005 (Sunday)	
3:20pm (1 hour 40 mins)	Workshop continues	Workshop continues
5:00pm	End of workshop day	
Sunday, 6:00pm	Father's Office - 249 Little Lonsdale St, Melbourne S1. Pre-conference meet & greet 5 minute walk from Conference building No registration required - come along and debrief from your workshop, or meet some people you might see during the conference	
		Social Event

Conference Social Events

Day/Time	Event	
Sunday, October 26th 6:00pm	Father's Office - 249 Little Lonsdale St, Melbourne S1. Pre-conference meet & greet 5 minute walk from Conference building No registration required - come along and debrief from your workshop, or meet some people you might see during the conference	Social Event
Monday, October 27th 7:00pm until late	Garden State Hotel - 101 Flinders Ln, Melbourne S2. Follies social event <u>Ticket required</u> 20 minute walk (1.4km), or 10 minutes on free tram along Swanston St to City Square/Swanston St stop + 5 minute walk (400m)	Social Event

2025 Conference Day 1: Monday Oct 27th

	Track 1 Room 080.02.003	Track 2 Room 080.03.015	Track 3 Room 080.04.019	Track 4 Room 080.03.006
8:00am-9:30am	Registration 080.03 - Registration desk			
9:00am (30 mins)	Plenary session - 080.01.002 01. Welcome to Country and Conference Opening <i>Wurundjeri Elder Tony Garvey; Conference Committee - Michael Swadling, Ellie Woodrow, Lisa Mastin-Purcell, Georgina Cox, Eric Morris</i>			
9:30am (45 mins)	Plenary session - 080.01.002 02. Presidential Address: Building Evidence That Reflects the Complexity of Human Experience <i>Lauren Lawson</i>			
10:15am (1 hour 15 mins)	ACT Processes Workshop 03. Applying ACT to Yourself in Session <i>Phoebe Sanders, Deanna McCall, Katrina Hamall</i>	Neurodiversity Long workshop 04. Using Functional Analysis with Repetitive and Compulsive Behaviours <i>Jennifer Kemp</i>	Research & Theory Symposium 05. Research Paper Symposium <i>- Eric Morris (C)(P), Keeley Sheehan, Darcy Fahroedin, Lauren Lawson, Daniel Simsion</i> <i>- Vincent Allen (P), Karolina Stasiak, Danielle Lottridge</i> <i>- Jade Tjia (P), Mark Lee (P)</i>	Specific Populations Long workshop 06. Essential learning for every therapist, not just for women of a certain age <i>Linda Nicholson, Liz Patton, Louise Hayes</i>
11:30am (20 mins)	Morning break Catering in 080.03.005			
11:50am (1 hour 15 mins)	ACT Processes Workshop 07. From Activation to Integration: Applying Somatic Psychology to Deepen ACT Processes <i>Kaitlin Harkess</i>	Neurodiversity Long workshop 04. Using Functional Analysis with Repetitive and Compulsive Behaviours <i>Jennifer Kemp</i>	Specific Populations Long workshop 08. Using ACT with Complex Suicidal Behaviours: A Skills-Building Masterclass <i>Daniel Simsion, Lisa Soares</i>	Specific Populations Long workshop 06. Essential learning for every therapist, not just for women of a certain age <i>Linda Nicholson, Liz Patton, Louise Hayes</i>
1:05pm (45 mins)	Lunch break Catering in 080.03.005			ANZ ACBS 2025 AGM <- Get lunch, then bring to 080.03.021
1:50pm (1 hour 15 mins)	Young People Workshop 09. Keeping it Simple: Using the ACT KIDFLEX with Children and Adolescents. <i>Tamar Black</i>	ACT Processes Long workshop 10. Beyond Broken: Reconnecting Through Self-as-Context <i>Katie Wyman, Leanne Shaw, Natasha Tisbury</i>	Specific Populations Long workshop 08. Using ACT with Complex Suicidal Behaviours: A Skills-Building Masterclass <i>Daniel Simsion, Lisa Soares</i>	Supervision Workshop 11. ACTing Meta: Who Supervises the Supervisors? The Portland Model in Practice – 2 Years of ACT Peer Supervision Reflections <i>Tim McLauchlan, Linda Nicholson, Jo Lane, Melissa Collie, Erin Potter</i>
3:05pm (20 mins)	Afternoon break Catering in 080.03.005			
3:25pm (1 hour 15 mins)	Parenting & Families Workshop 12. ACT-Based Foundations for Working with Separated Families <i>Tiffany Rochester</i>	ACT Processes Long workshop 10. Beyond Broken: Reconnecting Through Self-as-Context <i>Katie Wyman, Leanne Shaw, Natasha Tisbury</i>	Neurodiversity Workshop 13. From Burnout to Flourishing: Nurturing Neurodivergent Professionals and Clients <i>Jodie Wassner, Jennifer Kemp</i>	Research & Theory Symposium 14. Context Matters: IGNITE Presentations <i>- Eric Morris</i> <i>- Alison Stapleton (P), Barbara Moore, Greg Stynes, Martin O'Connor, Louise McHugh</i> <i>- Sandi James</i> <i>- Carrie Hayward</i> <i>- Julian McNally</i> <i>- Genevieve Iverson</i> <i>- Avigail Lev</i> <i>- Daniel Simsion</i>
4:40pm (75 mins)	Plenary session - 080.01.002 15. We aren't getting any better. How can the CBS community contribute to improving the effectiveness of interventions? <i>Daniel Simsion, Eric Morris, Lauren Lawson, Louise Hayes, Brett Deacon, Baljinder Sahdra, Emily Sandoz, Sarah Cassidy</i>			
5:55pm	End of conference day			
7:00pm onwards	Garden State Hotel - 101 Flinders Ln, Melbourne S2. Follies social event <u>Ticket required</u> 20 minute walk (1.4km), or 10 minutes on free tram along Swanston St to City Square/Swanston St stop + 5 minute walk (400m)			

2025 Conference Day 2: Tuesday Oct 28th

	Track 1 Room 080.02.003	Track 2 Room 080.03.015	Track 3 Room 080.04.019	Track 4 Room 080.03.006
8:30am-9:00am	Registration (for one-day ticketholders) 080.03 - Registration desk			
9:00am (45 mins)	Plenary session - 080.04.011 16. Keynote address: Seeking Wisdom from Children and Adolescents - The Profound Power of Language, Listening, and Humility in Designing System-wide Interventions Sarah Cassidy			
09:45am (1 hour 15 mins)	ACT Processes Long workshop 17. Clinical Exposure – Bringing The Snake Into The Room (Guided By DNA-V And Clinical RFT) Tim McLauchlan, Louise Hayes	ACT Processes Long workshop 18. Self-as-Context Made Simple Russ Harris	Neurodiversity Workshop 19. Neurodiversity Affirming ACT: Adapting your ACT practice to better meet the needs of Autistic and ADHD clients Alyssa Garrett	Parenting & Families Workshop 20. Maintaining Professional Boundaries in High-Conflict Separation Cases Tiffany Rochester
11:00am (20 mins)	Morning break Catering in 080.03.021			
11:20am (1 hour 15 mins)	ACT Processes Long workshop 17. Clinical Exposure – Bringing The Snake Into The Room (Guided By DNA-V And Clinical RFT) Tim McLauchlan, Louise Hayes	ACT Processes Long workshop 18. Self-as-Context Made Simple Russ Harris	Neurodiversity Workshop 21. Working with Neurodivergence and Dissociation Sandi James	Parenting & Families Long workshop 22. Parenting on many journeys: Using ACT to support the whole parent Georgina Cox, Jodie Wassner, Tamar Black, Sarah Cassidy
12:35pm (45 mins)	Lunch break Catering in 080.03.021			
1:20pm (1 hour 15 mins)	RFT Long workshop 23. RFT 101 - A primer on relational frame theory Tim McLauchlan	ACT Processes Workshop 24. Embracing the therapist's Noticer ability to create therapeutic contexts of safety, connection and flexibility Renaë Martelli	Neurodiversity Long workshop 25. From Fear to Freedom: Voice Hearing and Acceptance and Commitment Therapy Eric Morris	Parenting & Families Long workshop 22. Parenting on many journeys: Using ACT to support the whole parent Georgina Cox, Jodie Wassner, Tamar Black, Sarah Cassidy
2:35pm (20 mins)	Afternoon break Catering in 080.03.021			
2:55pm (1 hour 15 mins)	RFT Long workshop 23. RFT 101 - A primer on relational frame theory Tim McLauchlan	Neurodiversity Workshop 26. When Guidelines Fail: Fundamental Problems with the AADPA Guideline for ADHD Giselle Bahr	Neurodiversity Long workshop 25. From Fear to Freedom: Voice Hearing and Acceptance and Commitment Therapy Eric Morris	Young People/Parenting & Families Panel 27. What I wish I could tell my younger self about using ACT with children/young people/families Jodie Wassner, Louise Hayes, Tiffany Rochester, Georgina Cox, Renaë Martelli
4:10pm (45 mins)	Plenary session - 080.04.011 28. Keynote address: Co-Creating Conditions of Love - A Conceptual Exploration Emily Sandoz			
4:55pm (5 mins)	Conference close Conference Committee - Michael Swadling, Ellie Woodrow, Lisa Mastin-Purcell, Georgina Cox, Eric Morris			
5:00pm	End of conference			