



PRESENTED BY
ANZ ACBS
— ASSOCIATION FOR —
CONTEXTUAL BEHAVIORAL SCIENCE
Australia & New Zealand Chapter

Reconnecting Hearts & Minds:

Navigating new challenges with ACT
and Contextual Behavioural Science

**2024 ANZ ACBS
Conference
Information**

**Pre-con workshops 31 Jan- 1 Feb
Conference 2nd-4th February 2024
NUSpace City Campus,
Newcastle, NSW**



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

PRE-CONFERENCE WORKSHOPS

31st January - 1st February

**Dr. Kirk Strosahl
& Dr. Patricia Robinson, PhD,**

**Focused ACT
(FACT) for Brief
Interventions:
The Basics and
Beyond**



Robyn D. Walser, PhD

**Transforming
Interrupted Lives:
ACT as A Client-
Centered Process-
Based Approach
for Treating
Trauma**



Which one will you choose?
<https://www.anzacbs.com/>



CONFERENCE THEMES & FORMATS

ACT

NEURODIVERGENCE

INSPIRING KEYNOTES

FACT

PANEL DISCUSSIONS

CHILD AND FAMILY

**PROCESS-BASED
THERAPIES**

CHRONIC PAIN

RFT

SKILLS WORKSHOPS

FULL PROGRAM TBA SOON!

location

Awabakal & Worimi Country

Newcastle is a stunning coastal, regional city located in NSW on Awabakal and Worimi Country.

The city is surrounded by stunning waterways including beaches, Newcastle harbour and the Hunter River. It is a stunning city with plenty to offer. Enjoy a walk along the breakwall or Bathers Way taking in the spectacular ANZAC Memorial Walk.

The infamous Hunter Valley wine region is only an hour drive so stay for an extra day or two to enjoy all the region has to offer.

<https://www.visitnewcastle.com.au/>



Getting here

Details on planes, trains and automobiles are available here: <https://www.visitnewcastle.com.au/visitor-information/getting-here-and-around>

If you are flying into SYDNEY airport we may be able to arrange a colleague to collect you as they make their way up the highway from Sydney!!





venue

Our conference and workshop hub is located at the University of Newcastle's City Campus, in the stunning modern NUSpace site and the traditional Conservatorium of Music, where we can Reconnect OUR Hearts and Minds.



**NUSpace
Cnr Hunter &
Auckland Streets
Newcastle NSW**

Photo credit: City of Newcastle





Photo credit: City of Newcastle

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Newcastle, NSW



accommodation

All options are close distance of conference venues - a short walk, tram ride or bus ride away.

Luxury Options

Crystalbrook Kingsley 5 star – 289 King Street, Newcastle
W: <https://www.crystalbrookcollection.com/kingsley>

QT Newcastle 5 star – 185 Hunter Street, Newcastle
W: <https://www.qthotels.com/newcastle>

On the Harbour

Rydges Newcastle 4 star – 350 Wharf Road, Newcastle
W: <https://www.rydges.com/accommodation/regional-nsw/newcastle>

Discount: Corporate rate

<https://www.rydges.com/private-page/anzacbs23/>

Beachside Hotels

Novotel Newcastle Beach 4 star – 5 King Street, Newcastle
W: <https://www.novotelnewcastlebeach.com.au>
Book via website using code BGRE in the “Preferential Code” box
Discount: 10% off best available rate at booking.

Noah’s on the Beach 4 star – 29 Zaara Street, Newcastle East
W: <https://www.noahsonthebeach.com.au>
Book via website using code: ANZ ACBS booking link Noah's
Discount: 15%.

Good Value Hotels

Allugio: Newcastle Beach – 21 Parnell Place, Newcastle East
W: <https://www.alloggionewcastlebeach.com.au>

Ibis Newcastle – 700 Hunter Street
W: https://all.accor.com/hotel/3236/index.en.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps

Holiday Inn Express – 514 King Street, Newcastle
W: <https://www.ihg.com/holidayinnexpress/hotels/us/en/newcastle>
Book via this link: ANZACBS23 Booking Link
Discount: 15%



accommodation

Serviced Apartments

291 on King – 291 King Street, Newcastle
W: <https://291onking.com.au>

Quest Apartments Newcastle – 575 Hunter Street, Newcastle
<https://www.questapartments.com.au/properties/nsw/newcastle/quest-newcastle>

Newcastle Central Plaza – 741 Hunter Street, Newcastle West
W: <https://www.newcastlecentralplaza.com.au>

Crown on Darby – 101 Darby Street, Cooks Hill
W: <https://crownondarby.com.au>

Decent Pub Accommodation

The Clarendon Hotel – 347 Hunter Street
W: <https://clarendonhotel.com.au> - 25m from the conference venue.

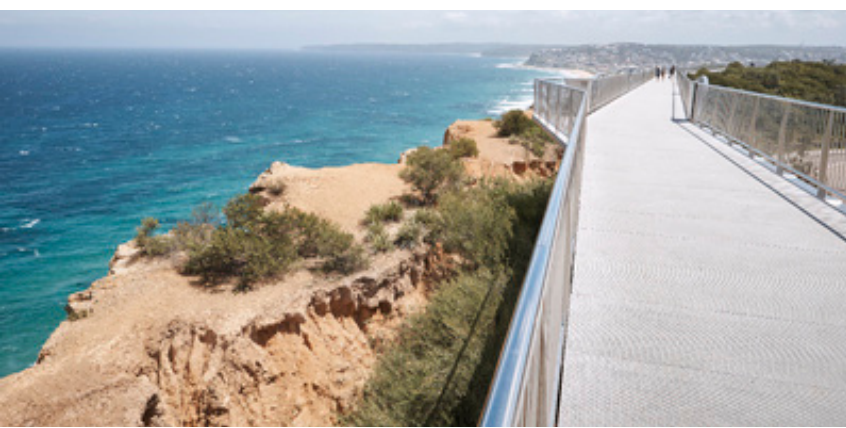
The Lucky Hotel – 237 Hunter Street, Newcastle
W: <https://theluckyhotel.com.au>

The Grand Hotel – 32 Church Street, Newcastle
W: <https://www.thegrandnewcastle.com.au/newcastleaccommodation>

Backpackers

YHA Newcastle Beach – 30 Pacific Street, Newcastle East
W: <https://www.yha.com.au/hostels/nsw/newcastle-surrounds/newcastle-beach>

Further info and other ideas here:
<https://www.visitnewcastle.com.au/stay>





follies.....

The infamous Follies will be held on the evening of Saturday 3rd February overlooking beautiful Bar Beach!

The Follies is an annual tradition with the intention of not taking ourselves too seriously.... think “ACBS’s Got Talent.” Examples include (but are not limited to): positive songs, parodies of songs, poems, skits, and sing-alongs related to our work and the community.

A night not to be missed!
Tickets on sale in 2024.





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We look forward to seeing
you in Newcastle, NSW

Photo credit: City of Newcastle

