

# 2024 Conference Social Calendar

<p><b>Tuesday 30th Jan</b> 7:00pm onwards</p>	<p><b>Honeysuckle Hotel</b> <b>Wharf C, Honeysuckle Drive, Newcastle</b></p> <p style="text-align: right;">Social event</p> <p style="text-align: center;"><b>Pre-conference Welcome / Networking</b> No bookings, just turn up</p>
<p><b>Wednesday 31st Jan</b></p>	<p style="text-align: center;"><b>No planned event</b></p>
<p><b>Thursday 1st Feb</b> 7:00pm onwards</p>	<p><b>Customs House Hotel</b> <b>1 Bond St, Newcastle</b></p> <p style="text-align: right;">Social event</p> <p style="text-align: center;"><b>Conference Welcome / Networking</b> No bookings, just turn up</p>
<p><b>Friday 2nd Feb</b></p>	<p style="text-align: center;"><b>No planned event</b></p>
<p><b>Saturday 3rd Feb</b> 7:30pm onwards</p>	<p><b>Cooks Hill Surf Life Saving Club</b> <b>Memorial Dr, Bar Beach</b></p> <p style="text-align: right;">Social event</p> <p style="text-align: center;"><b>Follies + Follies afterparty</b> <i>Jodie Wassner and Mary Sawyer + DJ CFunc (Eric Morris)</i></p>

# Preconference Workshops and Welcome events

## Wed (Jan 31st) & Thu (Feb 1st)

(Preconference workshops require separate registration)



Tuesday 30th Jan 7:00pm onwards	<b>Honeysuckle Hotel</b> <b>Wharf C, Honeysuckle Drive, Newcastle</b>  <b>Pre-conference Welcome / Networking</b> No bookings, just turn up  Social event	
Wed 31st Jan 8:30am-9:30am	<b>Preconference Registration</b>	
<b>Time</b>	<b>X205 - Level 2, NUspace</b>	<b>X101 - Level 1, NUspace</b>
9:00am	Pre-conference workshop <b>Transforming Interrupted Lives: Using ACT as A Client-Centered Process-Based Approach for Treating Trauma</b> <i>Robyn Walser</i>	Pre-conference workshop <b>Focused ACT for Brief Interventions: The Basics and Beyond</b> <i>Kirk Strosahl and Patti Robinson</i>
10:30am	<b>Morning break</b>	
11:00am	Pre-conference workshop <b>Workshop continues</b>	Pre-conference workshop <b>Workshop continues</b>
12:30pm	<b>Lunch break</b>	
1:30pm	Pre-conference workshop <b>Workshop continues</b>	Pre-conference workshop <b>Workshop continues</b>
3:00pm	<b>Afternoon break</b>	
3:30pm -5:00pm	Pre-conference workshop <b>Workshop continues</b>	Pre-conference workshop <b>Workshop continues</b>
Thursday 1st Feb 7:00pm onwards	<b>Customs House Hotel</b> <b>1 Bond St, Newcastle</b>  <b>Conference Welcome / Networking</b> No bookings, just turn up  Social event	



# Conference Day 1: Friday (Feb 2nd)

8am-10am	<b>Registration</b>				
9:00am	<b>X101 - Level 1, NUspace</b>  <b>01. Welcome to Country</b> <i>Aunty Tracey Hanshaw, Awabakal/Geawegal woman</i> <b>and Conference Opening</b> <i>Michael Swadling and Brendon Knott</i>				
9:30am	<b>X101 - Level 1, NUspace</b>  <b>02. Keynote address: Pain and Joy in the World</b> <i>Robyn Walser</i>				Invited talk
10:30am	<b>Morning break</b>				
<b>Time</b>	<b>XG18 - Ground Floor, NUspace</b>	<b>X207 - Level 2, NUspace</b>	<b>X320 - Level 3, NUspace</b>	<b>X401 - Level 4, NUspace</b>	
11:00am	Focused ACT      Long workshop  <b>03. FACT for Crisis Integration</b>  <i>Kirk Strosahl</i>	Specific client issues      Workshop  <b>04. Keeping the danger away; A look into the survival function of chronic pain</b>  <i>Alison Healey and Susie Lord</i>	ACT with other models      Workshop  <b>05. Dancing the Hexaflex in the Black space and beyond: we have more to learn from ancient knowledges</b>  <i>Phoebe Sanders and Hannah Pipe</i>	Professional Practice      Workshop  <b>06. Supervision: An ACT in Three Parts</b>  <i>Toni Lindsay, Sarah Travers, and Julie Grove</i>	
12:30pm	<b>Lunch break</b>				
1:30pm	Long workshop continued  <b>03. FACT for Crisis Integration</b>  <i>Kirk Strosahl</i>	/	Process-based therapy      Long workshop  <b>07. Fostering growth in ACT through process and function</b>  <i>Robyn Walser and Louise Hayes</i>	Neurodiversity      Workshop  <b>08. STAND Attuned in ACT-ion: Applying the 6 processes of psychological flexibility to strengthen the Neurodivergent Healthy Adult Mode</b> <i>Alyssa Garrett</i>	
3:00pm	<b>Afternoon break</b>				
3:30pm - 5:00pm	Neurodiversity      Workshop <b>09. Concrete Metaphors, Cognitive Inflexibility and generally just forgetting everything: Developing skills in implementing ACT with adults after an Acquired Brain Injury</b>  <i>Diane Whiting</i>	/	Long workshop continued  <b>07. Fostering growth in ACT through process and function</b>  <i>Robyn Walser and Louise Hayes</i>	Focused ACT      Panel  <b>10. FACT in Practice</b>  <i>Kirk Strosahl, Patti Robinson, Vincent Allen, and Bruce Arroll</i>	
<b>Time</b>	<b>XG18 - Ground Floor, NUspace</b>	<b>X207 - Level 2, NUspace</b>	<b>X320 - Level 3, NUspace</b>	<b>X401 - Level 4, NUspace</b>	



# Conference Day 2: Saturday (Feb 3rd)

8:00am-10:00am	Registration			
9:00am	X101 - Level 1, NUspace			Invited talk
	11. Keynote address: <i>Joseph Ciarrochi</i>			
10:00am	Morning break			
Time	XG18 - Ground Floor, NUspace	X207 - Level 2, NUspace	X320 - Level 3, NUspace	X401 - Level 4, NUspace
10:30am	Relational Frame Theory Long workshop  12. RFT 101: A primer on relational frame theory  <i>Tim McLauchlan</i>	Focused ACT Workshop  13. Powerful Interventions: What is the ACT process they are using?  <i>Bruce Arroll</i>	ACT with other models Workshop  14. Expanding your Contextual Tool Kit: An Introduction to DBT Skills for ACT Practitioners  <i>Daniel Simsion</i>	Neurodiversity Workshop  15. Neurodivergence and chronic illness in children and young people: Using ACT as a framework to provide support to the whole family unit <i>Georgina Cox and Jodie Wassner</i>
12:00pm	Lunch break		Lunch break	
1:00pm	Long workshop continued  12. RFT 101: A primer on relational frame theory  <i>Tim McLauchlan</i>	Professional Practice Panel  17. Functional contextualism in the business of helping people across city, coast, and country <i>May Chi, Julian McNally, and Naomi Malone</i>	Process-based therapy Workshop  18. Process-Based Therapy: Ushering a Revolution in Personalised Psychological Care <i>Joseph Ciarrochi and Baljinder Sahdra</i>	Neurodiversity Long workshop  19. Harnessing Contextual Behavioral Approaches to Improve the Quality of Life of Autistic People <i>Jennifer Kemp</i>
2:30pm	Afternoon break			
3:00pm	Process-based therapy Panel  20. Process-Based Therapy: Is it the Next Big Thing, or the Emperor's New Clothes? <i>Daniel Simsion, Eric Morris, Lauren Lawson, Louise Hayes, Robyn Walser, and Joseph Ciarrochi</i>	Research Symposium  21. Engaged and Active CBS Research  <i>Vincent Allen, Jason Kozica, and Lisa Olive</i>	ACT with other models Workshop  22. Effectively Integrating Your Client's Mind, Body and Heart with Somatic Psychology  <i>Kaitlin Harkess</i>	Long workshop continued  19. Harnessing Contextual Behavioral Approaches to Improve the Quality of Life of Autistic People  <i>Jennifer Kemp</i>
4:30pm-5:30pm	XG18 - Ground Floor, NUspace			Invited talk
	23. Presidential address: What Will It Take <i>Julian McNally</i>			
7:30pm onwards	Cooks Hill Surf Life Saving Club Memorial Dr, Bar Beach		Social event	
	Follies + Follies afterparty <i>Jodie Wassner and Mary Sawyer + DJ CFunc (Eric Morris)</i>			



# Conference Day 3: Sunday (Feb 4th)

9:00am	<b>X101 - Level 1</b>				Invited talk
	<b>24. Keynote address: Looking Back, Looking Ahead</b> <i>Kirk Strosahl</i>				
10:00am	<b>Morning break</b>				
<b>Time</b>	<b>XG18 - Ground Floor</b>	<b>X207 - Level 2</b>		<b>X320 - Level 3</b>	<b>X401 - Level 4</b>
10:30am	Focused ACT Long workshop <b>25. FACT for healthcare worker resilience</b>  <i>Patti Robinson</i>	Professional Practice Panel <b>26. Contextualising Consultation, Supervision, and Training</b>  <i>Robyn Walser, Michael Swadling, Eric Morris, and Tim McLauchlan</i>	Specific client groups Long workshop <b>27. When The Going Gets Stuck: ACT for Clients Facing the Unfixable</b>  <i>Toni Lindsay and Sarah Travers</i>		
12:00pm	<b>Lunch break</b>				
1:00pm	Long workshop continued <b>25. FACT for healthcare worker resilience</b>  <i>Patti Robinson</i>	Specific client groups Workshop <b>28. Helping young people find themselves and connect with others: Using CBS to build a flexible self and develop flexible social abilities</b>  <i>Louise Hayes</i>	Long workshop continued <b>27. When The Going Gets Stuck: ACT for Clients Facing the Unfixable</b>  <i>Toni Lindsay and Sarah Travers</i>	Neurodiversity Workshop <b>29. Navigating Trust: A Guide for ACT Practitioners Working with Suspicion, Mistrust, and Paranoid Thinking</b>  <i>Eric Morris</i>	
2:30pm - 3:00pm	<b>XG18 - Ground Floor</b>				
	<b>Conference close/farewell</b>				